## POST-OP INSTRUCTIONS

Your child has had a local anesthetic. Children do not understand the effect of
anesthesia, and therefore can bite the inside of their cheek, lip or tongue while sleeping.
Even though this is not too serious, it is however uncomfortable and painful, we ask that
you supervise your child for the next 2 hours. It's very important that your child maintain
a liquid diet until the effects of the anesthesia have worn off. Your child will have a
cotton roll placed in his/her mouth to avoid biting of the cheek, lip or tongue, make sure
that your child leaves the cotton roll in his/her mouth for at least one hour after treatment.

## **EXTRACTION INSTRUCTIONS**

\_\_\_\_\_\_ Do not bite or play with lip while numbness continues. Your child must be well supervised to avoid biting of his/her lip, for this same reason leave the cotton roll in his/her mouth until numbness wears off. Do not rinse vigorously for a couple of hours. No carbonated drinks, or drinking thru a straw for the remainder of the day. Maintain fingers and tongue away from extraction area. It is normal to have some bleeding. Maintain the cotton roll in the extracted area and bite down hard for about 10 minutes or longer if necessary. For pain you may give Tylenol, Motrin or Advil. If any further questions we may be reached at 817-788-9500.

## SEDATION INSTRUCTIONS

The sedation administered to your child will last for approximately 4to6 hours. Your child will more than likely sleep anywhere between 1 and 4 hours. Do not leave your child unattended. An adult must supervise your child, check on child in five-minute increments. Occasionally the sedation may cause your child to become irritable or hyperactive, this effect should last about 30 to 60 minutes and then should wear off. Nausea and vomiting may occur, if this should occur a liquid diet should be administered for the next 12 to 24 hours.

Dr. Bridget McAnthony, DDS, PA

Dentistry Dedicated to Children & Adolescents

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